

# Strategy for Patient Oriented Research

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I have no conflicts of interest to disclose

# SPOR: Patients at the heart of research

## Strategy for Patient-Oriented Research (SPOR):

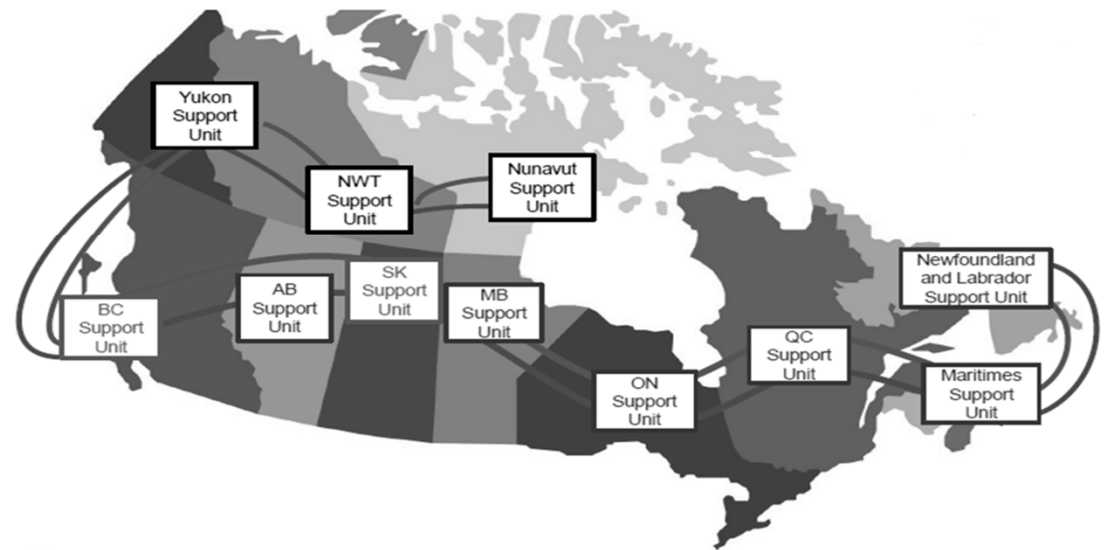
- A nationwide initiative led by The Canadian Institutes for Health Research (CIHR)
- Focused on improving outcomes for users of Canada's healthcare system
- Aims to create a research culture oriented around achieving real-world impacts for patients and their families by partnering with them in the design and conduct of research

# WHAT WE DO: NL SUPPORT

Support for People and Patient-Oriented Research and Trials

- Jurisdictional (Provinces, Territories) Units
- Creating resources necessary to support and grow and sustain patient-oriented research within each province
- Priorities are identified through consulting patients in that region

## SPOR SUPPORT Units



# WHO IS A PATIENT?

A “patient” can include:

- Individuals with personal experience of a health issue
- Informal caregivers, such as family and friends
- A group of people or a community (e.g., Canadian Mental Health Association)
- Or members of the general public – we all have a stake in our health system and in research

# PATIENT ORIENTED RESEARCH

Research that:

1. focuses on **patient-identified** priorities
2. **engages** patients as partners
3. improves patient **outcomes**

*It is research conducted **WITH** rather than **FOR** patients.  
Patients bring expertise in the form of **lived experience**.*

# FURTHER RESOURCES

- <https://cihr-irsc.gc.ca/e/41204.html>
- <https://nlsupport.ca/>

Questions, follow up, resources,  
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